



2017 White Tiger Open Taekwondo Championship

John Hersey High School: 1900 E. Thomas St, Arlington Heights, IL 60004

All applications due by Feb 3rd, 2017

Tournament Date: Sunday, Feb 5th, 2017 Time: 09:00 am-5:00pm

Online Registration at www.wtmac.com

8:30 AM – 9:20 AM **REGISTRATION (All AGE) & REFEREE / JUDGE MEETING**

Register and receive Competition Tags, Purchase Boards, and prepare for Form and Breaking Competitions

9:20AM-9:30AM **OPENING CEREMONY**

9:30 AM –11:00 PM **FORM COMPETITION**
(All Age)

3-6yr old
7-9yr old
10-13yr old
14-17yr
18yr & Up

11:00AM-12:30PM **BREAKING COMPETITION**
(All Age)

3-6yr old
7-9yr old
10-13yr old
14-17yr
18yr & Up

12:30 PM –1:00 PM **PAIR AND TEAM FORM AND GRAND CHAMPIONSHIP (FORM)**

1:00pm-1:30pm **LUNCH**

1:30PM - 3:00PM **SPARRING COMPETITION**

3-6yr old
7-9yr old

2:30PM - 4:30PM

10-13yr old
14-17yr old
18yr & Up

5:00 PM **Close Event**



FORM DIVISIONS

Belt Age	WHITE - YELLOW	ORANGE - PURPLE	BLUE - BROWN	RED - DEPUTY	BLACK BELT
3-6	BASIC TAEGEUK I	TAEGEUK, 2,3,4	TAEGEUK 5,6,7	TAEGEUK 7,8	Black belt form
7-9					
10-13					
14-17					
18-32					
33 & UP					

*Under 6 yrs old and younger will perform 10 steps of their form. This will not affect their score. 7yrs & up all steps

BREAKING DIVISIONS

Belt Age	WHITE - YELLOW	ORANGE - PURPLE	BLUE - BROWN	RED - DEPUTY	BLACK BELT	
3-4	2 Board 1. Hammer fist 2. Front snap kick		4 Board 1. Punch 2. Round house kick 3. Skip side kick, 4. Jump front snap kick	4 Board 1. Knife Hand 2. Tornado kick 3. Back kick 4. Jump side kick	5 Boards & Up Free Style	
5-6	1. Hammer fist, 2. Front snap kick, 3. Hammer kick 3 Board					
7-9	3 Board					
10-13	1. Punch, 2. Front snap kick 3. Round house kick					
14-17						
18up						
Breaking Order						

*. You will have only 30 seconds to break all of the boards.

*. There are two chances for each board.

*. Props are prohibited for ALL BELTS. No Bricks (Only boards)

*. 9 yrs old and younger will use children's boards, 10-13 yrs old will use medium boards, 14 yrs & up Adult boards only

Sparring General Rules

*. Child (under 13years old) 1minute, 2 rounds. * Adult (14 years & Up) 1minute 30 second, 2 rounds

*. All color belts- **No face contact. One Point for body and 3 points for Spin body kick.**

*. When the match is tied, a single sudden death round will apply.

* In all Black Belt Divisions, LIGHT head contact will be allowed or head contact is optional too. Will count for 3 points (Spin kick=4 points). ALSO, in all Black Belt Divisions, the **Daedo** system will be used to monitor body shots. For, 9yrs and under we will provide **Need on your Daedo e-socks** and for 10yrs and up, you will need your own. This is mandatory.