

WHITE TIGER MARTIAL ARTS OPEN CHAMPIONSHIP

SATURDAY MARCH 15TH, 2025

LOCATION

Forest View Educational Center
2121 South Goebbert Rd Arlington Heights, IL 60005

ON-SITE REGISTRATION:

8:00-9:00am
Tournament starts at 9:00am

APPLICATION DUE: MARCH 12th, 2025

(Registration at the door will be charged an extra \$10.00)
Advance registration is highly recommended
Online registration at www.wtmac.com

SPECIALTY CHAMPIONSHIP EVENTS:

Form Grand Champion
Team Form
Pair Form
Demonstration

REGULAR EVENTS:

Forms
Board Breaking
Sparring

SPECTATOR ENTRANCE FEE:

Adult (13 years and up) \$10
Children (5-12 years old) \$5
Children (4 years and under) Free

QUESTIONS? PLEASE CONTACT:

Master Lee
847 279 2780 | wtmac286@gmail.com

REGISTER HERE



HOSTED BY



WHITE TIGER
Martial Arts Center



2025 WHITE TIGER MARTIAL ARTS OPEN CHAMPIONSHIP

Greetings Grand Masters and Masters,

It is my pleasure as the tournament director of the 2025 White Tiger Martial Arts Open Championship to introduce to you this distinguished event for your students to experience on March 15th, 2025 at Forest View Educational Center in Arlington Heights, IL.



Through this event, I would like to give students an opportunity to compete and showcase their talent and sportsmanship as well as gain experience in competition to grow and strengthen their skills. I want to make sure that the event can fit the needs of all skill levels. With that, I am continuing to incorporate advanced technology and world-class level competition for our higher level students. I hope that having two different levels for competition can support each students' needs and to challenge them to compete at a higher level. I am also offering scholarships to help support our athletes through their journey in taekwondo and life.

Please join us in working together to provide the best experience possible for our schools, students, and athletes this year!

Best Regards,

Shik Lee

Grand Master Shik Lee
Tournament Director
White Tiger Martial Arts Center
847-279-2780
www.wtmac.com





2025 White Tiger Martial Arts Open Tae Kwon Do Championship

Date:

Saturday, March 15th, 2025

Location:

**FOREST VIEW EDUCATIONAL CENTER
2121 South Goebbert Rd
Arlington Heights, IL 60005**

Event of Contest:

- **Form (Individual, Grand Champion, Pair & Group Form)**
- **Board Breaking**
- **Sparring (Individual)**
- **Demonstration**

Fee:

1 Event: \$95 / 2 Events: \$105 / 3 Events: \$115 / 4 Events: \$125/ 5 Events: \$135

***Board breaking competitors must pay an additional \$10 fee for their boards along with their registration fee. Boards will NOT be sold on competition day.**

Admission:

**General Admission: \$10 / Children (5-12yrs old): \$5 / Children (under 4): Free
Purchase tickets at the door CASH ONLY**

Registration:

**Due by March 12th, 2025 (Wednesday)—Late Fee After March 12th is \$10 per competitor
Please Send Application Form with Cash or Money order payable to White Tiger
Martial Arts Center (Wheeling, IL)**

***All competitors must purchase breaking boards when registering for the event and Ring Tables will hold all the boards for your child to ensure that there will be no miss-breaks before the competition. Boards will be at the Ring Tables on the day of the event.**

For more Info:

Master Shik Lee/ 847-567-8285 or email: slee@wtmac.com

Office Manager / 847-279-2780 or email: wtmac286@gmail.com

White Tiger Martial Arts Center (286 W Palatine Rd, Wheeling, IL 60090)



2025 White Tiger Open Taekwondo Championship B: Traditional Class

Forest View Educational Center: 2121 South Goebbert Rd, Arlington Heights, IL 60005

All applications due by March 12th, 2025

Tournament Date: Saturday, March 15th, 2025 Time: 08:00am-6:00pm

Online Registration at www.wtmac.com

- 8:30 AM -9:10AM **REGISTRATION (All AGES) & REFEREE / JUDGE MEETING**
Register and receive Competition Tags, purchase boards, and prepare for Form and Breaking Competitions
- 8:40PM - 9:00PM **DEMONSTRATION COMPETITION**
- 9:10AM-9:20AM **OPENING CEREMONY**
- 9:30 AM- 11:00AM **FORM COMPETITION (B: Traditional Class)**
(4-9 yrs Ages) BREAKING COMPETITION
5 – 6 yr olds
7 – 9 yr olds
- 11:00 AM - 11:10 AM **GRAND CHAMPIONSHIP (FORM 5-6 yrs, 7-9 yrs Color & Black)**
11:10 AM - 11:30 AM **Pair & Group Form**
- 11:30PM - 12:50PM **FORM COMPETITION (B: Traditional Class)**
(10yrs & Up Ages) BREAKING COMPETITION
10-11 yr olds
12-14 yr olds
15-17 yr olds
18 yr olds & up
- 12:50 PM - 1:00 PM **GRAND CHAMPIONSHIP (FORM 10 yrs & up All Color Belt)**
(10 yrs & up All Black Belt)
- 1:00 PM-1:30PM **LUNCH**
- 1:30PM-2:30PM **SPARRING COMPETITION**
(10yrs & Up Ages) 7-9 yr olds
10-11 yr olds
- 3:00PM-4:00PM **SPARRING COMPETITION**
(10yrs & Up Ages) 12 -14yr olds
15-17 yr olds
- 3:30PM- 6:00PM 18 yr olds & up
- 6:00 PM **CLOSING EVENT**



FORM DIVISIONS

BELT AGE	WHITE – YELLOW	ORANGE – PURPLE	BLUE– BROWN	RED – DEPUTY	BLACK BELT
3-6	BASIC TAEGEUK1	TAEGEUK 2,3,4	TAEGEUK 5,6,7	TAEGEUK 7,8	Black Belt Forms
7-9					
10-11					
12-14					
15-17					
18& UP					

Individual Poomsae Divisions

- *6 yrs olds and younger will perform 10 steps of their form. This will not affect their score.
7 yrs olds & up will perform all steps.
- * All Color Belts: Single elimination tournament format.
- * All Black Belts: Cut-off tournament format or Single elimination tournament format.
- * All Poomsae Division winners qualify to compete to be Grand Champion.
- * Grand Champion Divisions: 6 yrs olds and under/ 7–9 yrs olds All Color Belts/ 10yrs olds & Up
All Black Belts/9yrs olds &under. 10yrs olds &up All Black Belts.
- * Sports Poomsae Division (only Black Belts): 7-9 yrs old/ 10-11 yrs old/ 12-14 yrs old/ 15 -17 yrs old, 18 yrs old & up
- * Sports Poomsae Division winners qualify to compete in the Sports Poomsae Grand Championship for a chance to win a 4 ft Trophy and \$200 Scholarship.

Pair & Group Form Divisions

- * Pair Form must include one male & one female and can be any age and any belt.
*Divisions: All Color Belt / All Black belt
- * Group Form must include three members, Can be any age, any gender, and any belt.
*Division All Color Belt / All Black belt
- *Awards given: one gold, one silver, and one bronze for each division.
- *Competition Format: Single Elimination



BREAKING DIVISIONS

BELT AGE	WHITE – YELLOW	ORANGE– PURPLE	BLUE– BROWN	RED – DEPUTY	BLACK BELT
3-4	2 Boards 1. Hammer fist 2. Front snap kick		4 Boards 1. Punch 2. Round house kick 3. Back kick 4. Jump front Snap kick	4 Boards 1. Knife hand 2. Tornado kick 3. Spinning hook kick 4. Jump sidekick	4 Boards & Up Free style
5-6	1. Hammer fist 2. Front snap kick 3. Hammer kick				
7-9	3 Boards 1. Punch 2. Front snap kick 3. Round house kick				
10-11					
12-14					
15-17					
18& UP					
Breaking Order					

Board Breaking General Rules

- *1 minute to set up and 1 minute to complete the routine.
- *Two chances will be allowed for each breaking technique.
- *Medals are awarded by the number of attempts taken to break the boards:

No mistakes- Gold / 1-2 mistakes- Silver / 3 mistakes or more- Bronze
- *Props are prohibited for ALL BELTS. No Bricks allowed (Only boards).
- *9 yr olds and under will use children's boards.

10 – 14 yr olds will use medium boards.

15 yr olds& up will use adult boards only.
- *Please do not bring your own boards with you. Board fees are paid along with the registration fee.



Sparring General Rules

- * Modified USAT and WTF Sparring rules will apply.
- * Mandatory Equipment is required for this event.

All Color Belts Divisions

- * 2 rounds, 1 minute per round.
- * All Color Belts- **No head contact.**
 - One point** for punches,
 - Two points** for body kicks
 - Four points** for spinning body kicks.
- * When the match is tied, a single sudden death round will apply.

All Black Belt Divisions

- * 2 rounds, 1 minute per round.
- LIGHT head contact will be allowed or head contact is optional too.
 - One point** for punches,
 - Two points** for body kicks
 - Three points** head kicks
 - Four points** for spinning body kicks.
 - Five points** for spinning head kicks

If allowed, head contact is **three points** and spinning kicks to the head are **five points**. Also, in all Black Belt Divisions, the **Daedo** system will be used to monitor all body shots. For 9 yr olds and under, we will provide **Daedo e-socks**. However, for 10 yr olds and up you will need your **OWN**. This is mandatory.

- All Age Level A Sparring Competitors must bring your **OWN Daedo e-socks gen 2**.

Demonstration General Rules

- Demo Team Competition(Start with music -5 min) Three will be a 1 minute clean up
- Over 5min results in automatic disqualification
- You have to bring your own equipment (include board)
- A big Trophy will be awarded to the all teams



POOMSAE WORLD CLASS COMPETITION SCHEDULE

- 9:30 AM- 10:00AM **FORM COMPETITION (A: World Class)**
(18yr & Up olds) **Color Belt and Black Belt**
18yr & Up Color Belt
18yr & Up Black Belt
- 10:00 AM -10:40AM **FORM COMPETITION (A: World Class)**
(12-17yr olds) 12 - 17yr olds Color Belt
12 - 17yr olds Black Belt
- 10:40 AM -11:30AM **FORM COMPETITION (A: World Class)**
(7 to 11yr olds) 7 – 11yr olds Color Belt
7 – 11yr olds Black Belt
- 11:30 PM - 12:20 PM **FORM Grand Championship (A: World Class)**
(All Ages) All Color Belt Division
All Black Belt Division
- 12:30 PM - 1:00 PM **LUNCH**

SPARRING WORLD CLASS COMPETITION SCHEDULE

- 1:00 PM- 2:00PM **SPARRING COMPETITION (A: World Class)**
(7 to 9yr olds) 7 – 9yr olds Color Belt
7 – 9yr olds Black Belt
- 2:00 PM - 3:00 PM **SPARRING COMPETITION (A: World Class)**
(10-11yr olds) 10 - 11yr olds Color Belt
10 - 11yr olds Black Belt
- 3:00 PM - 4:00 PM **SPARRING COMPETITION (A: World Class)**
(12-14yr olds) 12 - 14yr olds Color Belt
12 - 14yr olds Black Belt
- 4:00 PM – 5:00 PM **SPARRING COMPETITION (A: World Class)**
(15-17yr olds) 15 - 17yr olds Color Belt
15 –17yr olds Black Belt
- 4:00 PM -6:00 PM **SPARRING COMPETITION (A: World Class)**
(18yrs old & Up) 18yr & Up Color Belt
18yr & Up Black Belt



**POOMSAE WORLD CLASS
DESIGNATED POOMSAE**

Belt Age	YELLOW	GREEN	BLUE	RED	BLACK BELT
7 & Under PRELIMINARIES	TAEGEUK 1	TAEGEUK 2	TAEGEUK 4	TAEGEUK 7	TAEGEUK 5
FINALS	TAEGEUK 2	TAEGEUK 3	TAEGEUK 5	TAEGEUK 8	TAEGEUK 3 KORYO
8-9 PRELIMINARIES	TAEGEUK 1	TAEGEUK 2	TAEGEUK 4	TAEGEUK 6	TAEGEUK 3
FINALS	TAEGEUK 2	TAEGEUK 3	TAEGEUK 5	TAEGEUK 8	TAEGEUK 4 KORYO
10-11 PRELIMINARIES	TAEGEUK 2	TAEGEUK 2	TAEGEUK 5	TAEGEUK 7	TAEGEUK 8
FINALS	TAEGEUK 1	TAEGEUK 3	TAEGEUK 4	TAEGEUK 8	TAEGEUK 5 KORYO
12-14 PRELIMINARIES	TAEGEUK 1	TAEGEUK 2	TAEGEUK 3	TAEGEUK 7	TAEGEUK 5
FINALS	TAEGEUK 2	TAEGEUK 3	TAEGEUK 5	TAEGEUK 8	TAEGEUK 8 KEUMGANG
15-17 PRELIMINARIES	TAEGEUK 1	TAEGEUK 2	TAEGEUK 3	TAEGEUK 7	KORYO
FINALS	TAEGEUK 2	TAEGEUK 3	TAEGEUK 5	TAEGEUK 8	TAEGEUK 7 TAEBAEK
18 & UP PRELIMINARIES	TAEGEUK 2	TAEGEUK 2	TAEGEUK 3	TAEGEUK 7	KEUMGANG
FINALS	TAEGEUK 1	TAEGEUK 3	TAEGEUK 5	TAEGEUK 8	TAEGEUK 6 SIPJIN

1. There are ONLY 5 Divisions: Y,G,B,R and Black belts
2. If there is not enough participants for a specific belt division, we will combine different belt groups together
3. Preliminaries Round: More than 8 compete, Finals Round: top 8 compete
4. All compete all step for your division
5. You must wear the belt color of your division (The color of your belt MUST match the division in which you are competing in)
6. You can wear regular uniform or poomsae uniform. Both are accepted.
7. Competition format will be the same USA Taekwondo competitions (There will be a cut-off or Elimination Tournament system)



SPARRING WORLD CLASS GENERAL RULES

BELT AGE	YELLOW		Green	BLUE	RED	BLACK BELT
7-9	fin	-40lbs	-40lbs	-40lbs	-40lbs	-40lbs
	Middle	41-60lbs	41-60lbs	41-60lbs	41-60lbs	41-60lbs
	Heavy	+61lbs	+61lbs	+61lbs	+61lbs	+61lbs
10-11	fin	-66lbs	-66lbs	-66lbs	-66lbs	-66lbs
	Middle	66lbs-88lbs	66lbs-88lbs	66lbs-88lbs	66lbs-88lbs	66lbs-88lbs
	Heavy	+88lbs	+88lbs	+88lbs	+88lbs	+88lbs
12-14	fin	-88lbs	-88lbs	-88lbs	-88lbs	-88lbs
	Middle	88.1-125lbs	88.1-125lbs	88.1-125lbs	88.1-125lbs	88.1-125lbs
	Heavy	+125lbs	+125lbs	+125lbs	+125lbs	+125lbs
15-17	fin	-105lbs	-105lbs	-105lbs	-105lbs	-105lbs
	Middle	105.1-138lbs	105.1-138lbs	105.1-138lbs	105.1-138lbs	105.1-138lbs
	Heavy	+138lbs	+138lbs	+138lbs	+138lbs	+138lbs
18& UP	fin	-127lbs	-127lbs	-127lbs	-127lbs	-127lbs
	Middle	127-154lbs	127-154lbs	127-154lbs	127-154lbs	127-154lbs
	Heavy	+154.1lbs	+154.1lbs	+154.1lbs	+154.1lbs	+154.1lbs

1. There are only 5 Divisions: Y,G,B,R and Black belts
2. If there is not enough participants for a specific belt division, we will combine different belt groups together
3. Modified USAT and WTF Sparring rules will apply
4. Mandatory Equipment is required for this event (Please bring your Daedo socks. We will not be providing socks for competitors)

All Color Belts Divisions

* 3 rounds, 1 minute per round. **Best Round system**

*All Color Belts- **Light head contact**

One point for punches, **Two points** for body kicks and **Four points** for spinning body kicks.

Five point for spinning head kicks

When the match is tied, a single sudden death round will apply.

The **Daedo** system will be used to monitor all body shots. For 9yr olds and under, we will provide

Daedo e-socks. However, for 10 yr olds and up you will need your **OWN**. This is mandatory.

All Black Belt Divisions

* 3 rounds, 1 minute per round.

LIGHT head contact will be allowed or head contact is optional too. If allowed, head contact is **three points** and spinning kicks to the head are **five points**. Also, in all Black Belt Divisions, the **Gen 2**

Daedo system will be used to monitor all body shots. For 9 yr olds and under, we will provide **Daedo e-socks**. However, for 10 yr olds and up you will need your **OWN**. This is mandatory.

- All Age Level A Sparring Competitors must bring your **OWN Daedo e-socks gen 2**.



2025 WHITE TIGER MARTIAL ARTS OPEN TAE KWON DO CHAMPIONSHIP

White Tiger Tournament Application

All applications due by March 12th, 2025

Tournament Date: Saturday, March 15th, 2025 Time: 08:00 am-6:00pm

Tournament Location: Forest View Educational Center 2121 S. Goebbert Rd, Arlington Heights, IL 60005

Competitor Information:

Name: _____ Sex: Male / Female
First Last

Birthdate: _____ Age: _____ Rank : _____ Weight: _____

Address: _____ Phone _____

E-mail : _____

School Name: _____ Instructor: _____

Event Information: Money Order and Cash only. Make all checks payable to White Tiger Martial Arts Center

*Advanced registration highly recommended (before 3/12/2025) any applicants registering day of tournament will be charged an extra \$10.00 fee. No Personal checks and Registration Fees are Non-refundable

Tournament Events:

Form (Level A or B) Board Breaking + \$10 (Board Fee) Sparring (Level A or B)

Registration Fees: 1 Event- \$95 2 Events- \$105 3 Events- \$115 4 Events-\$125 5 Events- \$135

- Level A (World Class Form or Sparring) Level B (Traditional Class Form or Sparring)

Specialty Events:

Team Form (1. _____ 2. _____ 3. _____)

Pair Form (1. _____ 2. _____)

Demonstration

Total Tournament Events: _____ Total Specialty Events: _____

Tournament Disclaimer/Waiver

I do hereby submit application for registration in 2025 White Tiger Martial Arts Open Taekwondo Championship. White Tiger Martial Arts Center (WTMAC) and its employees are not responsible for all personal injuries and damages that a student may sustain during the duration of the White Tiger Open Championship. WTMAC and its employees are not liable for any losses, students are held responsible for their personal belongings. It is made clear in this agreement that WTMAC is a separate entity and has no affiliation with any other schools and fitness facility. Therefore, any student/ person signing this agreement understands that it is in their own personal decision and free will to attend to our tournaments and settle fees related only to WTMAC. In consideration of the is acceptance of entry, for myself, my heirs, executors and administrators, waive, release, and forever discharge any and all rights and claims for damages which I may have or which may accrue to against WTMAC, Township District #214, employees, staff, representatives, successors, and/or assigns. I further understand that once I'm registered for this Championship, there is no refund for any reason. The enrollee on behalf of himself/herself or on behalf of a minor child understands the tournament activities involve risks and dangers of serious bodily injurious including permanent paralysis and death. I understand that martial arts is a contact sport and as such injuries may occur and I accept that responsibility freely. In consideration of the is acceptance of entry, for myself, my heirs, executors and administrators, waive, release, and forever discharge any and all rights and claims for damages which I may have or which may accrue to against WTMAC, Forest View Educational Center, employees, staff, representatives, successors, and/or assigns.

Applicant Signature (if 18 & over)

Date

Parent or Legal Guardian Signature (If competitor is under 18yrs old)

Date

Locations for white Tiger Martial Arts center



White Tiger Martial Arts Center Wheeling

286 E. Palatine Rd, Wheeling, IL 60090

www.wtmac.com

Email: wtmac286@gmail.com Phone: 847-279-2780



White Tiger Martial Arts Center Chicago

1363 W. Fullerton Ave, Chicago, IL 60614

www.wtmachicago.com Email: wtchicago@gmail.com

Phone: 773-549-5425



White Tiger Martial Arts Center Lockport

1033 E. 9th st, Lockport, IL 60441

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